

The East Midlands Regional AGM

The East Midlands Regional AGM was held on 7th November 2009 at Caroline Chisholm School, Northampton

With feelings of déjà vu we returned to Caroline Chisholm School a few weeks later for our own East Midlands Regional AGM. Here the welcoming first session was taken by Maureen Watson and followed by a lively session with Kathie Lynch.

Having had such great success in the National Championships earlier in the year, the East Midlands team, produced by Lisa Terry, were invited to perform some of their winning



items for those who were unable to make the trip to Blackpool. The winning Apparatus item had been performed a couple of weeks earlier at the National AGM, and today, they started the days demonstrations with 'Kiss from a Rose', which had won first place in the Movement section.

The business of the day was conducted after lunch with the formal meeting and AGM. (copies of Reports, Financial Statement and names of elected officers are available in the Minutes) Special congratulations were given to Diana Bigley, who had been awarded the Volunteer of the Year trophy for the Teacher's category at the National AGM (full details of this can be found by using the separate link from the main news page.



After the meeting, we returned to the main hall for a warming fun session with Sheila Howarth before settling down to enjoy the afternoon's programme of demonstrations:

Regional Demo Team finale to their item: 'We Believe'



Lynne Davis devised an ingenious use of a weighted material scarf for the Dotts County Team.



This was followed by a dynamic movement item from Northants produced by Nora Sowerby.



Alison Clark's Youth Moves team of eight to eighteen year olds from Notts delighted us with a modern take on Laben,

The East Midlands Skipping Team made difficult ropework and skipping look astonishingly easy with their skilful performance which had been awarded second place at the National Competitions



Because of their success at Blackpool, some members of the team performed several items with speedy costume changes that would leave many others dizzy.

Following the skipping, Lynne and Lisa returned to perform their winning Duo and then rapidly changed to perform their

winning Trio item in harmony with Jackie Stocchino.



To finish off the day, Lisa returned to the floor and left us all breathless with her winning skipping solo to *If They Could See Me Now*. From Sweet Charity.

If you have digital photographs of this or any other KFA event that you would like put on our website, please send them to Pat Heed at northants.kfa@btinternet.com.

(Remember to obtain the permission of those in the photographs before doing so)