

East Midlands Regional AGM

The 53rd East Midlands Regional AGM was held at The Becket School, West Bridgford, Nottingham and started according to custom with a welcome by our Chair, followed by a warm up session of samba moves taken by Lynn Casey from North East KFA. Lynn was co-producer of the Albert Hall 'Colour in Motion' show and has choreographed many items for both the Albert Hall and National Competitions. We were very pleased to have her visit us. She confirmed her reputation for innovative and interesting moves in this lively latin session featuring lightness of foot and good humoured partnering.

This was followed by a session taken by Diana Bigley which started at a slightly slower pace and allowed us to gather our breath before she tested our concentration with a rapid-fire sequence of cannon work. The more mistakes we made the louder the laughter and eventually, the greater the enjoyment when we finally achieved it.

Lynn Casey returned to take us through a romantic but challenging piece in another enjoyable session.

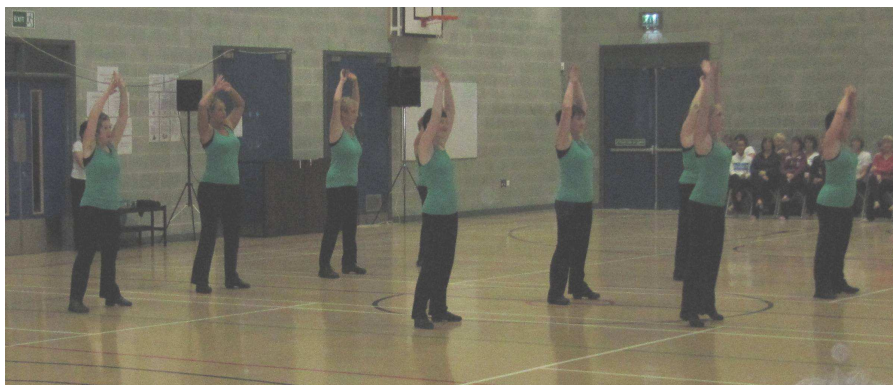
After lunch we convened for the business of the day with our Annual General Meeting. Lynne Davis summarised her report ([copied here and reached via this link](#)) and made particular reference to the wish for more members to take on roles on the committee.

After a lively meeting, we reconvened in the Sports Hall for another brief session prior to settling down to watch demonstrations from teams in our Region.



Starting with a demonstration of the use and beauty of ribbons from Dotts, produced by Jackie Gilman.

Followed by the Fitness Club showing us what they were made of with a truly exhausting performance, choreographed by Ruth Denholm.





A change of mood for Northants & Leics members with Wind beneath my Wings choreographed by Kathie Lynch

After a delightful demonstration by the Regional Demonstration Team of a Travelling Waltz,(no photo) we were entertained again by Derbyshire & Nottinghamshire members in an item choreographed by Frances Dickens.



And we welcomed members of Chris Huckle's Mature moves class who also used ribbons to great effect.

Lisa Terry's Skipping Club impressed and amused us with a skilful interpretation of How do You Solve a Problem like Maria.

Nuns as you have never seen them before!



Finally after a guest item from the Fitness League, we were treated to an upbeat item by our Regional Albert Hall Team of Red Hot Criminals.

Working to the music of Michael Jackson and inspired by many of his iconic moves, Jackie Stocchino choreographed an item which was not only very well received at our National KFA show 'Colour in Motion' at the Royal Albert Hall in June, but also at the National AGM in Darlington.



With huge applause and congratulations to Jackie and the Team, our 53rd Annual General Meeting came to a close.

(Editors Note: As you see, I didn't have photographs of all items and apologise if your team was missed out. This is an ongoing problem – please, if you have digital photographs of any Regional or local event, then send them to me so that they can be included in our Newsletters and used in articles on the website) Pat Heed